

- c. Please be aware of the LISL Rule #11 (for swimmers) and #12 (for parents), which state:
“Poor sporting behavior, foul language, etc. by a competitor may result in disqualification removal of said swimmer from the swim meet. Points accumulated by the swimmer in the event (Trials/Champs count as one) will result in their points being deducted for their team. The swim competitor will not be replaced for the duration of that meet. This includes not swimming in relays.”
10. Please advise swimmers to use caution when entering the pool. Please monitor your swimmers during warm-up to ensure their safety and keep swimmers **off the lane lines**.
11. Only Country Club Team caps or “Swim Across America” caps are acceptable during Trials and Championships. Caps with pictures, solicitations, and slogans are not allowed. They can be turned inside out as long as wording does not show. No Jewelry!
12. Please remind all spectators that only coaches, swimmers, and timers will be allowed behind the roped off areas.
13. Awards will be given out during the meet:
 - a. Freestyle awards given out after Backstroke
 - b. Backstroke awards after Breaststroke
 - c. Breaststroke awards after Butterfly
 - d. Butterfly awards after the relays
 - e. Relay awards given out after the Staff Race
 - f. MVP Awards after the Relay Awards
 - g. Team Sportsmanship after the MVP Awards
 - h. Dual Meet Champions after the Sportsmanship
 - i. Team Champions given out after the Dual Meet Champs
14. Please advise your members to carpool if at all possible. Also please advise them to use the valet service the club will provide that day once they arrive at the meet.
15. There will be a full barbecue on Saturday. The cost is \$12 per person, which will be charged to your respective club account.
16. Pool directors and head coaches will have lunch provided inside the clubhouse following the meet. Tickets will be provided for assistant coaches to go through the barbecue line.